

# Four Steps to Asking for Help

## Module Reader

### 1. Problem

What is the problem?

### 2. Person

Who is the right person to help me?

### 3. Process

How should I ask for help?

### 4. Polite

How can I thank my helper?



We all need help sometimes. Asking for help doesn't mean you're stupid or weak. It means you are smart enough to know that you don't know everything!

Read the scenarios below, and talk them over with your teammates. Your teacher will assign you one of these problems, and you will prepare a role play using the four steps on how to ask for help.

- It is time for the school's science fair, and Matt's teacher wants everyone to do a project. Matt's old school didn't have science fairs, so he's never done a project before. The teacher gave out a list of instructions, but it still doesn't help Matt much. He doesn't even know where to begin. What should he do?
- Tenisha has a three-year-old cousin whose mom works all day Saturday and Sunday. Tenisha has to babysit the cousin most weekends. She doesn't have enough time to catch up on her homework, and she wants to hang out with friends. What should she do?
- Joy is working on a team project in her social studies class. One of her teammates, Dennis, is goofing off. He was supposed to have drawn some pictures for their project for homework, but he hasn't done it. They need Dennis to help or they will get a bad group grade. What should Joy do?

"There are no foolish questions and no man becomes a fool until he has stopped **asking** questions."  
Charles Steinmetz, engineer and inventor 1865-1923